Influence of Treatments on the Mechanical and Thermal Properties of Sugar Palm Fibre Reinforced Phenolic Composites

Bushra Rashid,^{a, b,*} Zulkiflle Leman,^a Mohammad Jawaid,^c Mariyam J. Ghazali,^d and Mohamad R. Ishak ^{c,e}

Sugar palm fibre (SPF) was used to prepare composites with phenolic resin. The SPF underwent treatment with either sea water for 30 d or a 0.5% alkaline solution for 4 h. The composites contained 30% (vol.) SPF in a powdered form, and the composite samples were fabricated by a hot press machine. The effects of the fibre treatments on the mechanical (flexural, impact, and compressive), thermal, and morphological properties of the composites were analyzed. The SPF treatments considerably improved the mechanical properties of the composites compared with the untreated composite. The alkaline treatment resulted in the most improved flexural and impact strength of the composites. In contrast, the sea water treatment had the best results for improving the compressive strength. Morphological analyses indicated that the surface treatments improved the fibre-matrix bonding. The thermal degradation analysis showed that both the sea water and alkaline treatments of the SPF slightly affected the thermal stability of the composites. Consequently, SPF can be effectively used as an alternative natural fibre for reinforcing bio-composites.

Keywords: Sugar palm fibre; Mechanical properties; Thermal properties; Treatments; Phenolic composites

Contact information: a: Department of Mechanical and Manufacturing Engineering, Universiti Putra Malaysia, 43400 UPM Serdang, Selangor, Malaysia; b: Institute of Technology, Middle Technical University, 29008 Alzafaranya, Baghdad, Iraq; c: Laboratory of Biocomposite Technology, Institute of Tropical Forestry and Forest Products (INTROP), Universiti Putra Malaysia, 43400 UPM Serdang, Selangor, Malaysia; d: Department of Mechanical and Materials, Universiti Kebangsaan Malaysia, 43600, Bangi, Malaysia; e: Department of Aerospace Engineering, Universiti Putra Malaysia, 43400 UPM Serdang, Selangor, Malaysia; *Corresponding author: bushrarasheed50@yahoo.com

INTRODUCTION

The issues of global warming and environmental pollution are being addressed by many researchers. Natural fibre reinforced polymer composites, or green composites, could help to solve these problems (Palanikumar *et al.* 2016). Natural fibres have better properties than synthetic ones, such as low weight and cost, easy recyclability, biodegradability, abundant availability, renewable, and non-toxicity (Al-Oqla *et al.* 2015; Rashid *et al.* 2016a). Additionally, natural fibres have acceptable mechanical properties (Essabir *et al.* 2016). Several kinds of natural fibres have been used as reinforcements in polymer composites, such as kenaf, oil palm fibre, jute, roselle, and bamboo. Recently, the application of green composites has covered a wide range of industries, including construction, transportation, and furniture.

Although there are many advantages to using natural fibres as reinforcements in polymer composites, there are some limitations. The high moisture absorption tendency,

poor fibre-matrix interfacial bonding, and low thermal stability are the main problems of natural fibres when they are used to reinforce polymer composites. The performance of the composites depends highly on the fibre-matrix adhesion. When the fibre-matrix is weak, the fibres will pull out because the applied loads are increased, and composite failure will occur. A fibre surface treatment is one of the most effective methods to enhance the fibrematrix adhesion and overcome this problem (Thakur and Singha 2015). Natural fibres consist of three main components, which are cellulose, hemicellulose, and lignin. Chemical coupling agents have two main functions, which are reaction with hydroxyl groups in cellulose and reaction with functional groups in a matrix (Li et al. 2007). Alkaline treatment is an effective chemical treatment of natural fibres when used to reinforce polymer composites (Zhou et al. 2016). The hydrophilic behaviour of the lignocellulose in the fibre weakens the fibre-matrix interfacial bonding. A natural surface alkali modification splits the fibres into microfibers, and leads to closer packing of cellulose chains because of the internal strain discharge. This leads to improvement of the mechanical behaviour (Rajkumar et al. 2016). Many researchers have studied the effects of the surface treatment of natural fibres on the behaviour of the biopolymer composites (Ishak et al. 2013c; Sudha et al. 2015). The effect of alkaline treatment on the mechanical properties of oil palm press fibre reinforced epoxy composites has been investigated (Obasi et al. 2014). The treatment removes hemicelluloses and other impurities and enhances the mechanical properties. Fiore *et al.* (2015) evaluated the mechanical properties of kenaf/epoxy composites after an alkaline treatment. The results exhibited higher moduli compared with the net epoxy composites. Also, the effects of different chemical treatments on the thermal properties of banana fibre/phenolic composites have been evaluated (Joseph et al. 2008). The composites show much higher thermal stability of the fibre, but they are less thermally stable than net phenolic composites. A thermal study of the influence of sisal fibres on the thermal stability of the blends of PP and polyolefins showed that the thermal degradation was changed after the treatment. For sugar palm fibre composites, chemical treatments enhance the fibre-matrix interfacial bonding, which results in good mechanical properties (Bachtiar et al. 2013; Ishak et al. 2013c; Razali et al. 2015).

Sugar palm fibre (SPF) (*Ijuk*) is mainly found in Malaysia and Indonesia. It is a potential alternative reinforcement to replace conventional synthetic fibres (Ishak *et al.* 2013c). Additionally, SPF has comparable advantages that are similar to other natural fibres. It has a high durability and good resistance to sea water (Rashid *et al.* 2016a). In addition, the fibres are wrapped around the tree trunk, so high yields are easy to obtain without additional processing.

Novolac type resins have a high rigidity, good dimensional stability, and excellent heat resistance due to a highly cross-linked structure (Rashid *et al.* 2016b). Incorporating natural fibres into phenolic composites enables the composites to overcome the high brittleness. Phenolic (PF) resins create chemical bonds with the natural fibre reinforcement because of a good affinity between the fibre and matrix (Joseph *et al.* 2008). Thus, the fibre-polymer has high wettability. However, none of the earlier studies examined SPF incorporated into a phenolic matrix.

This work evaluated the influence of fibre surface treatments on the mechanical and thermal properties of sugar palm fibre/phenolic (SPF/PF) composites. In this study, 30% (vol.) untreated and treated SPFs were used as reinforcement materials in the phenolic composites. The fibres were treated with sea water and an alkali solution and then used for composite fabrication. Morphological studies of the composites after the impact test were also conducted using scanning electronic microscopy.

EXPERIMENTAL

Materials

SPF (*Arenga pinnata*) was obtained from an area in Kampung Kuala Jempol, Negeri Sembilan, Malaysia. The fibres were black and tough, and they were wrapped around the whole length of the sugar palm tree trunk (Fig. 1). The fibres were cleaned, washed using tap water, and dried. Afterwards, they were ground to obtain fine particles with a size less than or equal to 150 μ m, which were used in the current study. Before composite fabrication, the sugar palm particles were oven-dried for 24 h at 80 °C to eliminate the moisture content (Ishak *et al.* 2013b). A typical straight Novolac (PF) type resin (PH-4055; Chemovate, Bangalore, India) was used for the composite preparation.



Fig. 1. Sugar palm tree

Fibre Treatments

For the alkaline treatment, SPF was soaked in 0.5% sodium hydroxide for 4 h at room temperature. The fibres were washed with distilled water and dried (Rashid *et al.* 2016a). For the sea water treatment, the fibres were immersed in sea water for 30 days (Leman *et al.* 2008). Subsequently, the fibres were washed with tap water and dried.

Fabrication of Composites

The SPF/PF composites with 30% (vol.) reinforcement were prepared on a hot press (Leman *et al.* 2008; Rashid *et al.* 2016a). The fibre particles and phenolic powder formulation were dry-blended properly in a mechanical string for 15 min at 250 to 500 rpm to obtain a homogeneous mixture. The mixture was poured into a mould and hot-pressed at 160 °C and 275 MPa pressure for 20 min. At the beginning of the process, the pressure was released several times to release the gases generated from the cross-linking reaction of the phenolic resin (Surojo *et al.* 2014). The sample was post-cured in an oven at 130 °C for 4 h to relieve the residual stress in the composites. Figure 2 shows the composite fabrication process. Finally, composites with the dimensions of 150 mm × 150 mm × 3 mm were cut with a vertical band saw according to the ASTM standards for the various tests. The untreated, sea water treated, and alkaline treated SPF/PF composites were assigned the labels UT, ST, and AT, respectively.

bioresources.com



Fig. 2. Composite fabrication: (a) SPFs and phenolic resin, (b) mechanical string, (c) fabricated sample, (d) hot pressing, (e) post curing, and (f) final composite

Mechanical Tests

The flexural stress and flexural modulus were determined by a three-point flexural properties test conducted at room temperature according to the ASTM D790-10 (2010). The samples had dimensions of 130 mm x 13 mm x 3 mm. The test employed a crosshead speed of 5 mm/min and a support span of 100 mm.

The maximum compressive strength and compressive strain were obtained from the compressive test, which was conducted based on the ASTM D695-15 (2015). The dimensions of the samples were 15 mm x 13 mm x 4 mm. A load was gradually applied to the sample, which was placed between the plates of the compressive plate tool, with a crosshead speed of 1.5 mm/min.

The unnotched Izod impact test was carried out according to the ASTM D256-10 (2010). The test employed a rectangular specimen with dimensions ($80 \times 10 \times 3$) mm³, and a 0.5 J type hammer. The impact strength (toughness) in kJ/m² was analysed as the energy per unit area. At least 5 specimens were used for every test for each fibre treated composite, and the final reading was the average of all of the readings. Figure 3 shows the setup of the flexural, compressive, and impact tests.



Fig. 3. Mechanical tests of the SPF/PF composites: (a) flexural, (b) compressive, and (c) impact

Scanning Electronic Microscopy (SEM)

A Hitachi Model S-3400N PC-based variable pressure SEM (Tokyo, Japan) operating at a voltage of 15 kV was used for the morphological analysis. SEM was used to investigate the impact fracture mechanisms and the interface adhesion of the fibre-matrix of the composites. All fractured specimens were coated with a thin layer of gold using a model K575X Sputter Coater (Emitech, UK), to eliminate the effect of charging.

Thermal Analysis

Thermogravimetric analysis (TGA) and differential thermal analysis (DTG) tests were carried out using a Mettler Toledo thermal analyser (TGA/SDTA 851^e, New Castle, PA, USA). A sample of 8 to 20 g of the SPF/PF composites was heated in the sample pan. The test was performed within a temperature range from 30 °C to 800 °C at a heating rate of 10 °C/min, and a flow rate of 20 mL/min in a nitrogen atmosphere.

RESULTS AND DISCUSSION

Mechanical Properties

The mechanical properties of composites are pivotal for many applications. The behaviour of the composites depends on the combined properties resulting from the matrix and fibres. The properties of bio-polymer composites depend on the fibre-matrix compatibility, fibre loading, aspect ratio, fibre-matrix adhesion, and processing conditions (Bai 2013). Flexural, compressive, and impact tests elucidate the mechanical behaviour of the composites. The flexural strength refers to the capability of the composites to withstand bending stress before reaching the point of failure. Two different modes of failure—bending and shear—occurred in the composites. As the shear or bending stress reached the critical value, failure occurred (Joseph *et al.* 2002, 2015).



Fig. 4. Flexural stress-strain curves of the untreated and treated SPF/PF composites

The stress-strain flexural curves of the untreated and treated SPF/PF composites are presented in Fig. 4. The results showed the typical brittle relationship for bio-composites, *i.e.*, the load increased progressively to the maximum value and then suddenly decreased. From the obtained results, the UT composite showed lower flexural strength than the AT and ST composites.

The effect of the treatment on the maximum flexural strength and flexural modulus is shown in Fig. 5. As expected, the treatments resulted in notably increased flexural behaviour. The AT composite displayed the highest flexural strength at 92.59 MPa, followed by the ST and UT composites at 88.21 MPa and 75.24 MPa, respectively. The flexural strength of the AT and ST composites was improved by 23.1% and 17.2%, respectively, compared with the UT composite. The UT composite exhibited a lower flexural behaviour, which revealed the weak interfacial bonding of the fibre-matrix. The poor bonding between the SPF fibres and matrix as can be seen from SEM images section of the current study, where many pulled-out fibres were observed. This clearly indicated that the load transfer between the fibres and matrix was ineffective. Interestingly, both the sea water and alkaline treatments enhanced the flexural strength, which was attributed to strong adhesion between the fibres and matrix. Furthermore, the increased flexural strength was good evidence that both of the treatments promoted better interfacial bonding and good wettability (Zhou *et al.* 2016), which resulted in an effective stress transfer between the fibre and matrix.



Fig. 5. Flexural strength and flexural modulus of the untreated and treated SPF/PF composites

Fibre-matrix bonding strongly affects the mechanical properties of bio-composites (Joseph *et al.* 2008; Rajkumar *et al.* 2016). The sea water treatment changed the fibre surface topography by removing the rough outer surface, wax, and impurities from the outer surface of the SPF (Leman *et al.* 2008; Rashid *et al.* 2016a). This reduced the fibre diameter, which indirectly increased the aspect ratio and improved the mechanical properties (Ishak *et al.* 2013c). In contrast, the alkaline treatment influenced the chemical composition of the fibre and had a physical effect on the fibre surface as well (Rashid *et al.* 2013c).

al. 2016a). The alkalisation disrupted the –OH bonding in the structure of the composites, which increased the roughness of the surface. The alkaline treatment dissolved a certain amount of lignin and hemicellulose components from the fibre structure, and it also removed the wax, oil, and impurities from the outer surface of the fibre. This promoted the cellulose content in the fibres, which resulted in a positive effect on mechanical properties (Sudha *et al.* 2015). By removing the outer layer of the fibre, the diameter was reduced, and thereby, the aspect ratio increased, which resulted in a good mechanical strength. This may have been a reasonable explanation for why the alkaline treatment of the fibre had a better influence on the flexural strength of the phenolic composites than the sea water treatment.

Figure 5 also presents the effects of the treatments on the flexural modulus of the SPF/PF composites. The ST composite showed the highest flexural modulus with a value of 5.32 GPa, followed by the AT and UT composites with values of 5.17 GPa and 4.89 GPa, respectively. The SPF treatments affected the flexural modulus and wettability of the fibre-matrix, which resulted in the good flexural characterisation of the composites. Thus, the fibre treatment highly affected the flexural behaviour of the composites.

The impact properties of bio-composites depend highly on many factors, such as the fibre constituents, fibre-matrix adhesion, fibre orientation, fibre loading, construction of the composites, and the test conditions (Joseph *et al.* 2002). The common failure modes for the impact loading of the bio-composites are pulled out fibres, fibre breakages, fibre/matrix debonding, and matrix cracks. Normally, the load is transferred by shear force to the fibres. Thus, if the applied load exceeds the fibre-matrix interfacial bond, composite failure occurs. Moreover, friction along the interface transfers the stress to the debonded fibre. If the fibre stress exceeds the fibre strength, fibre breakage may occur. When the fracture pulls fibres out of the matrix, the energy is dissipated (Joseph *et al.* 2002).



Fig. 6. Impact strength of the untreated and treated SPF/PF composites

The influence of the untreated and treated SPF on the impact strength of the composites is presented in Fig. 6. The UT, AT, and ST composites showed the same trend

for the flexural strength for all of the composites. There are two factors that strongly influence the impact strength of the composites: fibre-matrix adhesion and incapability of the fibre to absorb energy. If the interfacial bonding between the fibre and matrix is good, then the stress is efficiently transferred from the impact load to the fibre *via* the matrix. The results showed that the AT and ST composites exhibited higher values of impact strength, which were 7.28 kJ/m² and 6.72 kJ/m², respectively, compared with the UT composite (5.38 kJ/m²). Thus, the alkaline and sea water treatments improved the impact strength compared with the untreated SPF/PF composite by 35.3% and 24.9%, respectively. This finding suggested that the treatments enhance the interfacial bonding between the fibres and matrix, leading to good load transfer and good mechanical properties.

The compressive strength is the resistance of a material to breaking under a compression load. The maximum compressive strength is the maximum amount of compressive stress that a specimen can sustain under a gradually applied load without fracture. The compressive stress-strain results of the untreated and treated SPF/PF composites are presented in Fig. 7. However, the value started decreasing with the formation of a crack on the surface of the specimen, which was observed during the test, and formed before deformation occurred. The ST and AT composites showed higher compressive strength at 136.27 MPa and 131.42 MPa, respectively, compared with the UT composite at 125.41 MPa. As discussed before, fibre treatment strongly improves the adhesion of the fibre-matrix and leads to a good interlocking surface between the fibre and matrix. However, the ST composite dominated the highest values of the compressive strength, possibly because the SPF treated with sea water contained a high percentage of Si compared to the SPF treated with the alkaline solution (Rashid et al. 2016a). The high percentage of Si in the ST composite, along with the good interlocking surface of the fibrematrix, may have promoted the compressive strength of the ST composite. Consequently, the fibre surface treatments enhanced the compressive strength of the ST and AT composites compared with the UT composite by 8.7% and 4.8%, respectively.



Maximum compressive strength

Fig. 7. Compressive strength of the untreated and treated SPF/PF composites

Based on these results, both of the treatments contributed to enhancing the mechanical properties of the SPF/PF composites. As previously reported, the sea water and alkaline treatments helped to remove the outer surface of the SPF and enhanced the adhesion between the fibre and matrix, which improved the mechanical properties of the composites (Leman *et al.* 2008; Ishak *et al.* 2009). The alkaline treatment partially dissolved the hemicellulose and lignin present in the fibre and increased the amount of exposed cellulose (Li *et al.* 2007). Moreover, the alkaline treatment removed the cementing materials that consisted of low molecular fats, hemicellulose, lignin, and pectin, which enhanced the interlocking between the fibre and matrix. This led to better mechanical properties (Kabir *et al.* 2012; Saba *et al.* 2016).

Thermal Analysis

The thermal degradation of bio-composites is crucial because natural fibres are affected when exposed to elevated temperatures during the manufacturing process or applications of the product. It is very important to confirm that the fibres used in the composites can withstand the applied temperature. Approximately 15 mg of SPF/PF composite powder was used to evaluate the thermal behaviour. Generally, bio-composites undergo three thermal phases (El-Shekeil *et al.* 2014). The first phase is moisture evaporation, which is followed by the degradation of hemicellulose, cellulose, and lignin (Rajkumar *et al.* 2016).

The thermal characterisations of the UT, AT, and ST composites are presented in Figs. 8 and 9, and Table 1 summarizes the data. There were three thermal degradations of the natural fibres. The first degradation was moisture evaporation, followed by the decomposition of hemicellulose, cellulose, and lignin, leaving ash as the final residue (Rashid *et al.* 2016a). Based on these results, there was no considerable difference in the thermal degradation of the untreated and treated SPF/PF composites. The UT, AT, and ST composites revealed the same thermal degradation trends.



Fig. 8. TGA of the untreated and treated SPF/PF composites

Figure 9 showed that there were 4 thermal degradation peaks for the UT and ST composites. The AT composite had 3 peaks of thermal degradation. This was because the second peak was related to hemicelluloses, and hemicelluloses disappeared after the alkaline treatment. The alkaline treatment helped to dissolve the hemicellulose and some lignin in the fibre. For all composites, the first peaks corresponded to water loss, which occurred from 30 °C to 200 °C. Based on the values of mass degradation loss in the first decomposition step recorded in Table 1, the AT composite exhibited lower moisture evaporation loss compared with the UT and ST composites. This was attributed to the alkaline treatment reducing the hydrophilic tendency of the natural fibre in the composites. In this stage, the decomposition included the loss of small end groups, such as CH₂OH (Milanese *et al.* 2012). The initial decomposition was measured by the 5% weight loss of the composites (Yakubu *et al.* 2013). The temperatures at which the initial degradation of the composites, respectively.

The second phase of the degradation of the composites, which corresponded to the degradation of hemicellulose, was located between 200 °C to 300 °C. The DTG curve of the AT composite had no peak within this range. The third degradation phase in the UT and ST composites and the second degradation phase for the AT composites represented the decomposition of cellulose. As the temperature of the composites increased, the cellulose structures broke down, and volatile hydrocarbons were released from the fibre as a result of the thermal degradation of the hemicellulose, cellulose, and lignin (Razali *et al.* 2015). Due to its complexity, lignin degraded at a slower rate and wider temperature range than the hemicellulose and cellulose (Ishak *et al.* 2013a). From the DTG curves, the peaks observed in the temperature range between 300 °C to 400 °C were located at 313.34 °C, 341.26 °C, and 353.81 °C for the AT, ST, and UT composites, respectively. Moreover, the thermal degradation in the second and third phases may have also corresponded to the loss of small groups and weaker bonds in the chains of the chemical structures in the phenolic matrices and natural fibres, such as –OH and –CH₂ (Milanese *et al.* 2012).



Fig. 9. TGA of the untreated and treated SPF/PF composites

The last thermal degradation of all composites, which corresponded to the loss of benzene rings in the phenolic resin structure, occurred between 400 °C to 500 °C. In this stage, there were large mass losses of about 40.25%, 41.42%, and 40.91% in the UT, AT, and ST composites, respectively. The maximum degradation temperature peaks were at 430.97 °C, 423.61 °C, and 426 °C for the UT, AT, and ST composites, respectively. As the temperature increased, the UT composite showed better thermal stability than the AT and ST composites. This result was possibly because of the high Si content in the untreated *vs*. treated composites (Rashid *et al.* 2016a). The surface treatments partially removed the outer surface, which was rich in Si content and complex chemical structures, and contributed to the thermal stability of the composites (Luo *et al.* 2015; Shi *et al.* 2016).

Table 1 presents the thermal characterisations of the UT, ST, and AT composites. All composites exhibited nearly the same thermal stability, with no considerable differences. Notably, the UT composite exhibited a slightly higher thermal stability than the ST composite. This have may corresponded to the high percentage of Si in the untreated SPF (Rashid *et al.* 2016a). However, the residue char percentages, which represented the remaining materials after the volatiles were eliminated above 800 °C, were still high. The residue char percentages were 44.16%, 43.66%, and 44.97% for the UT, ST, and AT composites, respectively. These high values corresponded to the crosslinked phenolic resin, indicating that the untreated and treated SPF/PF composites had high thermal stability (Zárate *et al.* 2008).

Composite	7 _{5%} (°C)	Degradation (%) during Temperature Phase				Maximum Degradation	Residue
		30-200 °C	200-300 °C	300-400 °C	400-500 °C	Temperature (°C)	°C (%)
UT	181.27	5.6	10.52	21.59	40.25	430.97	44.16
ST	198.79	5.05	10.16	21.35	40.91	426.99	44.97
AT	211.04	4.72	10.67	22.09	41.42	423.61	43.66

Table 1. Maximum Degradation Temperatures of the SPF/PF Composites

Morphological Analyses

The impact fractured morphologies of the untreated and treated SPF/PF composites were analysed by SEM. Figure 10 shows the morphological analyses of the untreated composite.



Fig. 10. Morphological analysis of the UT composite at (a) 100x and (b) 1000x magnification

There was poor adhesion between the fibres and matrix, and debonding was observed, which suggested that the untreated fibres were covered by a thick outer layer that contained pectin and wax (Ishak *et al.* 2009; Rashid *et al.* 2016a). This outer layer was weak and caused poor compatibility between the fibre and the matrix. Debonded fibres were present as observed from the SEM images, and thus, the load transfer may have been ineffective. Moreover, there were pulled out fibres, which left holes and indicated the poor interlocking between the fibres and matrix. Possibly, this was the reason for the lower impact strength of the UT composite.

The SEM analyses of the factures of the ST composite after the impact test are shown in Fig. 11. The fibre-matrix bonding mainly affected the mechanical behaviour of the biocomposites. The good and adequate interfacial bonding between the fibre and matrix resulted in sufficient stress transferring between the fibre and matrix. This positive adhesion of the fibre-matrix enhanced the properties of the composite. Due to its salinity, the sea water removed the rough outer layer surface of the SPF and enhanced the interlocking of the fibre-matrix. The SEM images of the ST composite exhibited more fibre breakages and fewer fibre pull-outs, which indicated better fibre-matrix interfacial bonding. Thus, the sea water treatment improved the interfacial bonding of the fibrematrix, resulting in higher impact strength in the ST composite than in the UT composite.



Fig. 11. Morphological analysis of the ST composite at (a) 100x and (b) 1000x magnification

Figure 12 shows the SEM images of the AT composite after the impact test. The images reflected the good bonding of the fibre-matrix.



Fig. 12. Morphological analysis of the AT composite at (a) 100x and (b) 1000x magnification

There were fewer fibres pulled out compared to the fibre breakage, and there was no gap or debonding between the fibre and matrix. Also, the fibre stayed firm in its position. These observations indicated the good interlocking of the fibre-matrix, which resulted in the high mechanical properties of the composites. The SEM observations were in agreement with the mechanical properties of the UT, ST, and AT composites, proving that the treated fibre enhanced the behaviour of the composites.

CONCLUSIONS

- 1. This study evaluated the effect of alkaline and sea water treatments of the SPF filler on the properties of the phenolic composites. The alkaline and sea water treatments enhanced the interfacial bonding strength and wettability of the fibres with the phenolic resin, which resulted in improved mechanical properties of the composites.
- 2. Compared with the UT composite, the flexural strength was greater by 23.1% and 17.2% for the AT and ST composites, respectively. The impact strength was improved by 35.3% and 24.9% for the AT and ST composites, respectively. In addition, the compressive strength increased by 4.8% and 8.7% for the AT and ST composites, respectively.
- 3. The treated SPF composites showed lower thermal stabilities than the untreated composite due to the lower Si content in the SPF fibre after both treatments.
- 4. The results were supported by SEM analyses, which exhibited a good interlocking of the fibre-matrix and less fibre pull-out for the treated composites.

ACKNOWLEDGMENTS

The authors are grateful for the financial support from Universiti Putra Malaysia *via* grant no. GP-IPS/2014/9447200. The authors would also like to thank the Ministry of Higher Education and Research of Iraq and Institute of Technology, The Middle Technical University, Baghdad, for the scholarship that was granted to the corresponding author.

REFERENCES CITED

- Al-Oqla, F. M., Sapuan, M. S., Ishak, M. R., and Aziz, N. A. (2015). "A novel evaluation tool for enhancing the selection of natural fibers for polymeric composites based on fiber moisture content criterion," *BioResources* 10(1), 299-312. DOI: 10.15376/biores.10.1.299-312
- ASTM D256-10 (2010). "Standard test methods for determining the Izod pendulum impact resistance of plastics," ASTM International, West Conshohocken, PA.
- ASTM D695-15 (2015). "Standard test method for compressive properties of rigid plastics," ASTM International, West Conshohocken, PA.
- ASTM D790-10 (2010). "Standard test methods for flexural properties of unreinforced and reinforced plastics and electrical insulating materials," ASTM International, West Conshohocken, PA.

- Bachtiar, D., Sapuan, S. M., Zainudin, E. S., Khalina, A., and Dahlan, K. Z. H. M. (2013). "Thermal properties of alkali-treated sugar palm fibre reinforced high impact polystyrene composites," *Pertanika Journal of Science & Technology* 21(1), 141-150.
- Bai, J. (2013). Advanced Fibre-Reinforced Polymer (FRP) Composites for Structural Applications, Elsevier, Amsterdam, Netherlands.
- El-Shekeil, Y., Sapuan, S., Jawaid, M., and Al-Shuja'a, O. (2014). "Influence of fiber content on mechanical, morphological and thermal properties of kenaf fibers reinforced poly(vinyl chloride)/thermoplastic polyurethane poly-blend composites," *Mater. Design* 58, 130-135. DOI: 10.1016/j.matdes.2014.01.047
- Essabir, H., Bensalah, M. O., Rodrigue, D., Bouhfid, R., and Qaiss, A. (2016).
 "Structural, mechanical and thermal properties of bio-based hybrid composites from waste coir residues: Fibers and shell particles," *Mech. Mater.* 93, 134-144. DOI: 10.1016/j.mechmat.2015.10.018
- Fiore, V., Di Bella, G., and Valenza, A. (2015). "The effect of alkaline treatment on mechanical properties of kenaf fibers and their epoxy composites," *Compos. Part B-Eng.* 68, 14-21. DOI: 10.1016/j.compositesb.2014.08.025
- Ishak, M. R., Leman, Z., Sapuan, S. M., Salleh, M. Y., and Misri, S. (2009). "The effect of sea water treatment on the impact and flexural strength of sugar palm fibre reinforced epoxy composites," *International Journal of Mechanical and Materials Engineering* 4(3), 316-320.
- Ishak, M. R., Leman, Z., Salit, M. S., Rahman, M., and Uyup, M. K. A. (2013a). "IFSS, TG, FT-IR spectra of impregnated sugar palm (*Arenga pinnata*) fibres and mechanical properties of their composites," *J. Therm. Anal. Calorim.* 111(2), 1375-1383. DOI: 10.1007/s10973-012-2457-5
- Ishak, M. R., Leman, Z., Sapuan, S. M., Rahman, M., and Anwar, U. (2013b). "Impregnation modification of sugar palm fibres with phenol formaldehyde and unsaturated polyester," *Fibers and Polymers* 14(2), 250-257. DOI: 10.1007/s12221-013-0250-0
- Ishak, M. R., Sapuan, S. M., Leman, Z., Rahman, M., Anwar, U., and Siregar, J. (2013c). "Sugar palm (*Arenga pinnata*): Its fibres, polymers and composites," *Carbohyd. Polym.* 91(2), 699-710. DOI: 10.1016/j.carbpol.2012.07.073
- Joseph, A., Baby, B., Thomas, A. B., and Krishnan, S. (2015). "Preparation and characterization of banana reinforced phenol formaldehyde composite," *European Journal of Advances in Engineering and Technology* 2(5), 85-90. DOI: 10.4028/www.scientific.net/AMR.576.212
- Joseph, S., Sreekala, M., Oommen, Z., Koshy, P., and Thomas, S. (2002). "A comparison of the mechanical properties of phenol formaldehyde composites reinforced with banana fibres and glass fibres," *Compos. Sci. Technol.* 62(14), 1857-1868. DOI: 10.1016/S0266-3538(02)00098-2
- Joseph, S., Sreekala, M., and Thomas, S. (2008). "Effect of chemical modifications on the thermal stability and degradation of banana fiber and banana fiber-reinforced phenol formaldehyde composites," *J. Appl. Polym. Sci.* 110(4), 2305-2314. DOI: 10.1002/app.27648
- Kabir, M., Wang, H., Lau, K., and Cardona, F. (2012). "Chemical treatments on plantbased natural fibre reinforced polymer composites: An overview," *Compos. Part B-Eng.* 43(7), 2883-2892. DOI: 10.1016/j.compositesb.2012.04.053
- Leman, Z., Sapuan, S., Azwan, M., Ahmad, M., and Maleque, M. (2008). "The effect of environmental treatments on fiber surface properties and tensile strength of sugar

palm fiber-reinforced epoxy composites," *Polym.-Plast. Technol.* 47(6), 606-612. DOI: 10.1080/03602550802059451

Li, X., Tabil, L. G., and Panigrahi, S. (2007). "Chemical treatments of natural fiber for use in natural fiber-reinforced composites: A review," *Journal of Polymers and the Environment* 15(1), 25-33. DOI: 10.1007/s10924-006-0042-3

Luo, H., Lu, J., Ren, S., Fang, G., and Jiang, G. (2015). "Studies of polyvinyl alcohol/alkali lignin/silica composite foam material (PLCFM)," *BioResources* 10(3), 5961-5973. DOI: 10.15376/biores.10.3.5961-5973

- Milanese, A. C., Cioffi, M. O. H., and Voorwald, H. J. C. (2012). "Thermal and mechanical behaviour of sisal/phenolic composites," *Compos. Part B-Eng.* 43(7), 2843-2850. DOI: 10.1016/j.compositesb.2012.04.048
- Obasi, H., Iheaturu, N., Onuoha, F., Chike-Onyegbula, C., Akanbi, M., and Ezeh, V. (2014). "Influence of alkali treatment and fibre content on the properties of oil palm press fibre reinforced epoxy biocomposites," *American Journal of Engineering Research* 3(2), 117-123.
- Palanikumar, K., Ramesh, M., and Reddy, K. H. (2016). "Experimental investigation on the mechanical properties of green hybrid sisal and glass fiber reinforced polymer composites," *Journal of Natural Fibers* 13(3), 321-331. DOI: 10.1080/15440478.2015.1029192
- Rajkumar, R., Manikandan, A., and Saravanakumar, S. S. (2016). "Physicochemical properties of alkali treated new cellulosic fiber from cotton shell," *Int. J. Polym. Anal. Ch.* 21(4), 359-364. DOI: 10.1080/1023666X.2016.1160509
- Rashid, B., Leman, Z., Jawaid, M., Ghazali. M. J., and Ishak, M. R. (2016a). "The mechanical performance of sugar palm fibres (ijuk) reinforced phenolic composites," *International Journal of Precision Engineering and Manufacturing* 17(8), 1001-1008. DOI: 10.1007/s12541-016-0122-9
- Rashid, B., Leman, Z., Jawaid, M., Ghazali, M. J., and Ishak, M. R. (2016b).
 "Physicochemical and thermal properties of lignocellulosic fiber from sugar palm fibers: Effect of treatment," *Cellulose* 23(5), 2905-2916. DOI: 10.1007/s10570-016-1005-z
- Razali, N., Salit, M. S., Jawaid, M., Ishak, M. R., and Lazim, Y. (2015). "A study on chemical composition, physical, tensile, morphological, and thermal properties of roselle fibre: Effect of fibre maturity," *BioResources* 10(1), 1803-1824. DOI: 10.15376/biores.10.1.1803-1824
- Saba, N., Paridah, M., Abdan, K., and Ibrahim, N. (2016). "Effect of oil palm nano filler on mechanical and morphological properties of kenaf reinforced epoxy composites," *Constr. Build. Mater.* 123, 15-26. DOI: 10.1016/j.conbuildmat.2016.06.131
- Shi, S., Liang, J., Gu, L., Gong, C., Wen, L., and Wang, Y. (2016). "Degradation in compressive strength of silica/phenolic composites subjected to thermal and mechanical loading," *J. Reinf. Plast. Comp.* 35(7), 579-588. DOI: 10.1177/0731684415624769
- Sudha, P., Nasreen, K., and Vinodhini, P. A. (2015). "Natural fiber composites and applications," in: *Green Polymers and Environmental Pollution Control*, M. N. Khalaf (ed.), Apple Academic Press, Oakville, Canada, pp. 335-364.
- Surojo, E., Jamasri, Malau, V., and Ilman, M. (2014). "Effects of phenolic resin and fly ash on coefficient of friction of brake shoe composite," *J. Eng. Appl. Sci.* 9(11), 2234-2240.
- Thakur, V. K., and Singha, A. S. (2015). Surface Modification of Biopolymers, John

Wiley & Sons, Hoboken, NJ.

- Yakubu, A. S., Amaren, S., and Saleh, Y. D. (2013). "Evaluation of the wear and thermal properties of asbestos free brake pad using periwinkles shell particles," Usak University Journal of Material Sciences 2(1), 99-108. DOI: 10.12748/uujms/20131714
- Zárate, C., Aranguren, M., and Reboredo, M. (2008). "Thermal degradation of a phenolic resin, vegetable fibers, and derived composites," J. Appl. Polym. Sci. 107(5), 2977-2985. DOI: 10.1002/app.27455
- Zhou, Y., Fan, M., and Chen, L. (2016). "Interface and bonding mechanisms of plant fibre composites: An overview," *Compos. Part B-Eng.* 101, 31-45. DOI: 10.1016/j.compositesb.2016.06.055

Article submitted: November 9, 2016; Peer review completed: December 29, 201; Revised version received and accepted: December 30, 2016; Published: January 10, 2017. DOI: 10.15376/biores.12.1.1447-1462